



# CORSTORPHINE PRIMARY SCHOOL



## SUSTAINABLE PACKED LUNCHES

We can recycle food waste and some food packaging at school, ask a member of the school staff if you are unsure where to recycle. We have created the following traffic light system to identify sustainable ways of wrapping your child's packed lunch and snacks. Try to make your packaging for your lunch box from the **GREEN** and **AMBER** sections:

**RED - LANDFILL.**  
THIS WASTE WILL TAKE  
HUNDREDS / THOUSANDS  
OF YEARS TO BREAK DOWN

Moulded plastics  
Crisp packets\*  
Biscuit/Cake/Cracker wrappers\*  
Mixed packaging  
Clingfilm  
Squeezy yoghurt tubes  
and pouches

\*There are recycling programmes available for these items through Terracycle – the school could earn money through collecting and sending the waste for recycling.

**AMBER**  
- CAN BE RECYCLED.  
CHECK  
LOCAL RECYCLING AND  
COLLECTIONS

Paper bags  
Tin foil  
Recyclable cartons  
e.g. Tetra Pak  
Yoghurt pots

Plastics can generally only be downcycled and have limited use. So much plastic waste is created that much of it ends up in landfill or incinerated.

**GREEN -**  
CAN BE WASHED  
AND REUSED.  
Stainless steel boxes  
Tupperware / Reusable  
plastic containers  
Cloth sandwich / snack bags  
Bee / Soy wax wraps  
Thermos flasks  
Reusable bottles  
Silicon cake cases  
Corn starch / vegware  
packaging

If you are buying new items, consider how they can be disposed of at the end of their usable life



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Try to avoid creating landfill and recycling waste. Whilst recycling is better than sending rubbish to landfill, single use items exhaust natural resources and energy, creating pollution and causing excess waste. We can minimise our impact on the environment by using reusable containers and cutlery throughout the year.



**You can find ideas for sustainable lunch and snack packaging at:**

- \* <https://www.theschoolrun.com/10-of-the-best-no-waste-packed-lunch-solutions>
- \* Check out crisp packet recycling and other ideas at:  
<https://www.facebook.com/CleanerGreenerCorstorphine>
- \* Buying loose fruit and vegetables eliminates waste packaging.
- \* Look at buying yoghurt in larger cartons and decanting into smaller reusable tubs.

**You can find further advice on recycling and food waste at:**

- \* <https://www.recycleforscotland.com>
- \* <https://scotland.lovefoodhatewaste.com>
- \* <https://www.zerowastescotland.org.uk>
- \* <https://treadingmyownpath.com/2014/09/11/why-tetra-paks-arent-green-even-though-theyre-recyclable/>
- \* Making your own beeswax wraps  
<https://www.less-stuff.co.uk/reusable-cling-flim-alternative/>